

WED

THU

FRI

SAT

1

8:15 Mass at Ascension (meet in the lobby)
 10:00 Walking Club (3rd)
 10:30 Fun Time with Marsha (DR)
 11:30 Discomania with Neosha (3rd DR)
 2:00 Craft & Cooking Club (3rd)
 3:00 Snack time Social (3rd)
 4:00 Sing-a-long (3rd)
 6:30 Wednesday Night at the Movies (3rd LR)
 8:30 Snack time & evening meditation (Bistro and 3rd floor living room)

2

10:00 Walking Club (3rd)
 10:00 Coffee & Current Events (3rd)
 10:30 Fun Time with Marsha (DR)
 11:00 Spa Time (DR)
 11:30 Discomania with Neosha (3rd DR)
 2:00 Craft & Cooking Club (3rd)
 3:00 Snack time Social (3rd)
 4:00 Sing-a-long (3rd)
 6:30 Sing-a-long (living room and Activity Room)
 8:30 Snack time & evening meditation (Bistro and 3rd floor living room)

3

Margaret McGrath
10:00 Catholic Mass (3rd)
 10:00 Walking Club (3rd)
 10:00 Communion & Rosary Club (3rd LR)
10:30 Brain Fitness Memory Games (AR)
 10:30 Fun Time with Marsha (DR)
 11:00 Trivia Time (3rd)
 11:00 Spa Time (DR)
11:00 Brain Fitness Wii Time (AR)
 1:45 Scenic Drive (meet in the lobby)
 2:00 Craft & Cooking Club (3rd)
 3:00 Snack time Social (3rd)
3:30 Entertainer Tall Berta (B)
 4:00 Sing-a-long (3rd)
 6:30 Dancing to the Oldies (LR)
 8:30 Snack time & evening meditation (Bistro and 3rd floor living room)

4

10:00 Senior Art Classes (B)
 10:00 Walking Club (3rd)
 10:00 Coffee & Current Events (3rd)
 10:30 Fun Time with Marsha (DR)
 11:00 Trivia Time (3rd)
 11:30 Discomania with Neosha (3rd DR)
 2:00 Penny toss game (DR)
 3:00 Snack time Social (3rd)
3:30 Herb's One Man Band (B)
 4:00 Sing-a-long (3rd)
 7:00 Saturday Night Movie (2nd floor Activity Room)
 8:30 Snack time & evening meditation (Bistro and 3rd floor living room)

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June 2010

Reminiscence

1880 Clarkson Road, Chesterfield, MO 63017


SUNRISE
 SENIOR LIVING